



Nah Chung Yau

Consultant, Department of Gastroenterology and Hepatology, Woodlands Hospital

Research Interests:

- Palliative Care in Advanced Cirrhosis
- Health Services Delivery

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Biography

Dr Brandon Nah graduated from the Yong Loo Lin School of Medicine, and subsequently obtained his membership with the Royal College of Physicians of the United Kingdom in 2017. He completed his specialist training in Gastroenterology and Hepatology in 2021. He subsequently undertook a Health Manpower Development Plan (HMDP) fellowship at the Royal Free Hospital in London. His training focused on advanced hepatology and the integration of palliative care principles into liver disease management.

Dr Nah's professional interest centres on improving quality of life, symptom control and coordinated care for patients with decompensated cirrhosis. He is particularly committed to developing palliative hepatology services that bridge traditional hepatology practice with holistic supportive care.

Selected Publications

- Nah CY, Fueng-Hin Liang R. An Unusual Case of Ascites. *ACG Case Rep J.* 2023 Mar 31;10(3):e01020.
- Nah CY, Yip W, Kaliyaperumal K, Yung SH, Chia SC, Hum A. Examining the implementation of home-based palliative care for patients with end-stage liver disease (HoPE): a protocol for a feasibility study. *BMJ Open.* 2025 Oct 16;15(10):e103784. doi: 10.1136/bmjopen-2025-103784. PMID: 41101957; PMCID: PMC12530434

Notable Research Awards & Grants from Past 5 Years

Name of Awards & Grants	Year Obtained
5 th Palliative Care Centre for Excellence in Research and Education (PaIC) Grant	2023
NHG Health-LKC Medicine Clinician Scientist Preparatory Programme	2024
Woodlands Health Small PROjects Utilising Teams (SPROUTS) II Grant	2024
Woodlands Health Small PROjects Utilising Teams (SPROUTS) III Grant	2025